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Pre-Vocational Programs for Exiting Students (Sorted by Adult Agency):

Arc of Livingston-Wyoming County

Arc Glow, Community Pre-Voc:

Program Description: Community Connections is a Community Pre-Vocational service offered by Arc GLOW. This program emphasizes community-based experience and is a great opportunity to learn and practice skills that will potentially lead to increased independence and employment options for the future. Volunteering in the community is an essential part of every day. Whether it's shredding documents, cleaning offices, working with food assistance and backpack programs, or helping dogs, cats and horse organizations in need, you will see Community Connections out and about volunteering and providing valuable time and service to local organizations. This helps program participants to identify areas of interest and discover new abilities.

Contact Information: Jean Angililli, M.S.
Outreach Coordinator
Arc GLOW
585.519.5709 text/call
Fax: 585.658.1268
Email: jangililli@ArcGLOW.org

Arc of Monroe

Contact Information for any of the six pre-vocational programs is listed below:
Matt Fico, Community Outreach Coordinator, The Arc of Monroe
2620 Brighton-Henrietta Townline Rd. Rochester, NY 14623
Phone: (585) 672-2222 Fax: (585) 770-1580
Email: mfico@arcmonroe.org

ArcWorks:

Program Description: ArcWorks focuses on many pieces of manufacturing, including: assembly, kitting, packing, and order fulfillment. *An ACCESS-VR denial letter is required as part of the application packet.*
Program Location: 1651 Lyell Ave. Rochester, NY 14606
Website: https://arcworksrochester.org/
Video: https://youtu.be/IVZCiaEVfq8

Culinary Career Prep at Arc Deli and EHealth Technologies: Monroe County:

Program Description: Culinary Career Prep is designed for people who are interested in preparing for a career in food service or related industries. The program takes place at ArcDeli, a full-service cafeteria and catering business, operated by the Arc of Monroe County and located in the Canal Side Business Center and in other local workplace cafeterias including eHealth Technologies and the Golisano Autism Center. *ACCESS-VR denial letter is required as part of the application packet.*
Website: https://arcmonroe.org/culinary-career-prep/
Video: https://www.youtube.com/watch?v=lUg2wIe-86k&t=3s

LifePrep at Nazareth College: Monroe County:

Program Description: LifePrep@Naz is an innovative program designed to provide students with intellectual and developmental disabilities with a college experience, strengthening their life skills, vocational skills, self-sufficiency, and independence.
Website: https://www2.naz.edu/culture-community-belonging/lifeprepnaz
Video: https://www.youtube.com/watch?v=IbLaqs-vQxk

MCC College Experience: Monroe County:

Program Description: Monroe Community College (MCC) Experience is a higher education transitional service that prepares participants for eventual community employment. People learn relevant, marketable employment skills and acquire vocational internship and volunteer experience in various departments on and off MCC campus**.**
Website: https://arcmonroe.org/mcc-experience/
Video: https://www.youtube.com/watch?v=2oXgv9Tvz64

Project Search @ the DelMonte Hotel Group: Monroe County:

Program Description: The classroom is located at the elegant Rochester Airport Marriott, where the interns receive employment training preparation. Participants complete their internship rotations at four different Del Monte hotel locations including Del Monte Lodge, Courtyard Brighton, Hilton Garden Inn at College Town, and the Rochester Airport Marriott Hotel. The on-site team consists of an instructor and two employment specialists who deliver the educational and employment training to the interns. Project SEARCH® prepares participants for competitive, integrated employment. *Connection to ACCESS-VR is required for this programming.*
Website: https://arcmonroe.org/adult-project-search/

Video: https://youtu.be/2NuLfUyrHbE

SELF (Strong Employment & Life Foundations) @ The Strong

Program Description: This is an employment readiness program located at the Strong National Museum of Play. It is designed for people with Autism or Autistic-like characteristics. Participants will have the opportunity to engage in work internships and classroom learning while being in a business culture.
Website: https://arcmonroe.org/self-at-strong/
Videos: https://www.youtube.com/watch?v=w0tQvO09-2o
https://www.youtube.com/watch?v=917HHN2hsyA

Arc of Ontario

Project Search at Eastview Mall and Finger Lakes Health in Geneva: Ontario and Monroe County:

Program Description: Project SEARCH™ is an effective, efficient fast track to successful employment! The model is used internationally and has proven results. 70% of people completing the program engage in long term successful employment. Project SEARCH™ runs 10-month long sessions and follows the traditional school year, running from September to The Arc Ontario partners with Project SEARCH™, ACCES-VR, OPWDD, and our host businesses, Eastview Mall and Finger Lakes Health, to provide multifaceted support. The Arc Ontario provides work readiness, skills training, and career development, as well as other pre-employment related supports. Three 10-week long internships build stamina while allowing for career exploration. Project Search at Eastview Mall accepts interns from Monroe and Ontario counties. *Connection to ACCESS-VR required for this programming.*
Website: Career Services — The Arc Ontario https//thearcofontario.org/career services
Supporting Adult Agency: The ARC Ontario
Contact Information: Kathy Kanada
Assistant Director, Employment
(585) 919-2249
Email: kkanada@thearcontario.org

Catholic Charities

Catholic Charities: Monroe County:

Program Description: Assists individuals in developing and strengthening soft skills necessary to be successful in integrated, competitive employment. Our team provides support to individuals in group and individual settings.

Program Location: Various community settings

Website: https://www.fcscharities.org/services/intellectual-developmental-disabilities-employment/

Contact Information: Kathleen Harris
1099 Jay St. Bldg. J Rochester, NY 14611
Phone: (585) 339-9800 x418

CDS Monarch

Unistel: (Spice Factory)

Program Description: From manufacturing to packaging, Unistel is your trusted partner for premium seasonings, spices, and unique flavors. Customers rely on Unistel for their expertise in packaging, consolidation, assembly, and warehousing to get their projects completed.

Program Location: 650 Blossom Rd. Rochester, NY 14610

Website: https://cdslifetransitions.org/unistel/

Video: https://www.youtube.com/watch?v=6QumqdiLkvY

Contact Information: info@cdslifetransitions.com

CP Rochester

The BELL (Bridge to Earning, Learning, & Living) Program: Monroe County:

Program Description: The BELL program is a 2-year certificate program between 3 cooperating partners: Roberts Wesleyan University, Monroe 2-Orleans BOCES, and CP Rochester. BELL students participate in required academic, social, and vocational classes and programming.

Program Location: Roberts Wesleyan University
2301 Westside Dr. Rochester, NY 14624

Website: https://www.roberts.edu/undergraduate/academics/bridge-to-earning-learning-and-living-bell/

Contact Information: Mikaela Potter, BELL Director, Roberts Wesleyan University
Office: 585-594-6610 Cell: 518-423-7975
Email: potter_mikaela@roberts.edu

Lifetime Assistance

Contact Information for all of Lifetime Assistance's Programs is listed below:

Jennifer Everett, Coordinator of Vocational Rehabilitation
(585) 426-4120 x3415
Jennifer.everett@lifetimeassistance.org

ETP (Employment Training Program) through Lifetime Assistance: Monroe County:

Program Description: Working with our Employment and Placement Specialist, each individual is assisted in finding the job that fits their capabilities and interests. If an individual needs to gain skills to improve their employability, we provide the training necessary for community employment in an integrated work environment supervised by trained Employment Specialists. Support is available from resume development to interview practice, leading to a job in the community.

LAICO Industries: Monroe County:

Program Description: The LAICO Work Center is a 26,000 square foot modern production facility and warehouse with state-of-the-art production equipment. Services include: packaging, shrink wrapping, assembly, finishing, folding, collating, and gluing
Website: https://www.lifetimeassistance.org/services/employment-services/
Supporting Adult Agency: Lifetime Assistance

Lifetime Assistance Community Pre-Vocational Support and Site Based Pre-Vocational Support: Monroe County:

Individuals receive support in a combined pre-vocational setting within the community along with job readiness skills in a classroom setting. By providing the opportunity to develop job-ready skills, we prepare individuals for community employment within 12 to 18 months, through career exploration, skill development, community awareness and transportation training. *An ACCESS-VR denial letter required as a part of this application process.*

Lifetime Assistance Supported Employment: Monroe County:

Working with our Employment and Placement Specialist, each individual is assisted in finding the job that fits their capabilities and interests. If an individual needs to gain skills to improve their employability, we provide the training necessary for community employment in an integrated work environment supervised by trained Employment Specialists. Support is available from resume development to interview practice, leading to a job in the community. An open case with *ACCESS-VR is necessary to access these services. OPWDD Eligibly is not required.*

Heritage Christian Services

Project Search at Jewish Senior Life: Monroe County:

Program Description: The Jewish Senior Life Project SEARCH® Program is a business-led, 10-month pre-employment program that takes place entirely at the host business. Total workplace immersion facilitates a seamless combination of curriculum-based instruction, career exploration, skills assessment and hands-on training through three worksite rotations. Project SEARCH® is a non-paid internship experience. Heritage Christian Services provides supports during the entirety of the program.
Website: https://heritagechristianservices.org/services/employment-people-with-disabilities/project-search/
Video:
Contact Information: Jessica Bellerdine
Phone: (585) 236-0161
Email: jbellerdine@heritagechristianservices.org

Marianne Durrant
Phone: (585) 340-2009
Email: mdurrant@heritagechristianservices.org

Holy Childhood

Contact Information for all of Holy Childhoods's Programs is listed below:

Nate Zelesnikar Director of Programs and Services
(585)-359-3710 ext. 124
Email: nzelesnikar@holychildhood.org

Community Based Pre-Vocational Services:

Program Description: Provides training in skills related to future employment opportunities. People receive skills training in a variety of settings on the Holy Childhood campus and in the community. Holy Childhood has a site-based Pre-Vocational program in partnership with Partners with Industry. Partners with Industry is a non-certified, integrated community-based enterprise providing custom contract packaging and fulfillment services.

Special Touch Bakery:

Program Description: Is a standalone, separately incorporated not-for-profit bakery. This 20,000 sq. ft. facility, located at 1999 Mt. Read Boulevard in Rochester, is an integrated business model providing jobs and training to adults of all abilities. Proceeds from Special Touch Bakery benefit Holy Childhood.
Website: Community Based Pre-Vocational Services | HolyChildhood
Contact Information: Nate Zelesnikar Director of Programs and Services
(585)-359-3710 ext. 124
Email: nzelesnikar@holychildhood.org

Starbridge:

Community Based Pre-Vocational Training Program:

Program Description: Participants experience a variety of community settings each day and throughout the year. Participants are in groups no larger than four, and work with a counselor that gets to know the participants and provide active and engaging experiences. Site examples include The Legacy on Maiden Lane, Trio (MOW), Fairport Baptist Home, and the Rochester Museum & Science Center (RMSC). There must be a personal desire to attend a training program and focus on learning work skills. Participants must be independent with medications during program hours, have transportation to and from a community site, and be independent/unsupervised for 30 minutes. *Participants must be OPWDD eligible and complete a referral form*.

Website: www.starbridgeinc.org
Contact Information: Wendy Amering, Pre-vocational Coordinator
(585) 224-7281
wamering@starbridgeinc.org

Additional Notes About Pre-Vocational Programming:

Please reach out to the agency contact to ask about the application process and to find out if an ACCESS-VR denial letter is a required part of the packet (typically required for Site-Based Pre-Vocational Programming).

It is assumed that OPWDD Eligibility is required for all programming, the student must be in the process of applying for adult services through OPWDD and be approved for Pre-Vocational Programming in order to be considered. Please reach out to OPWDD for specific questions or additional guidance.

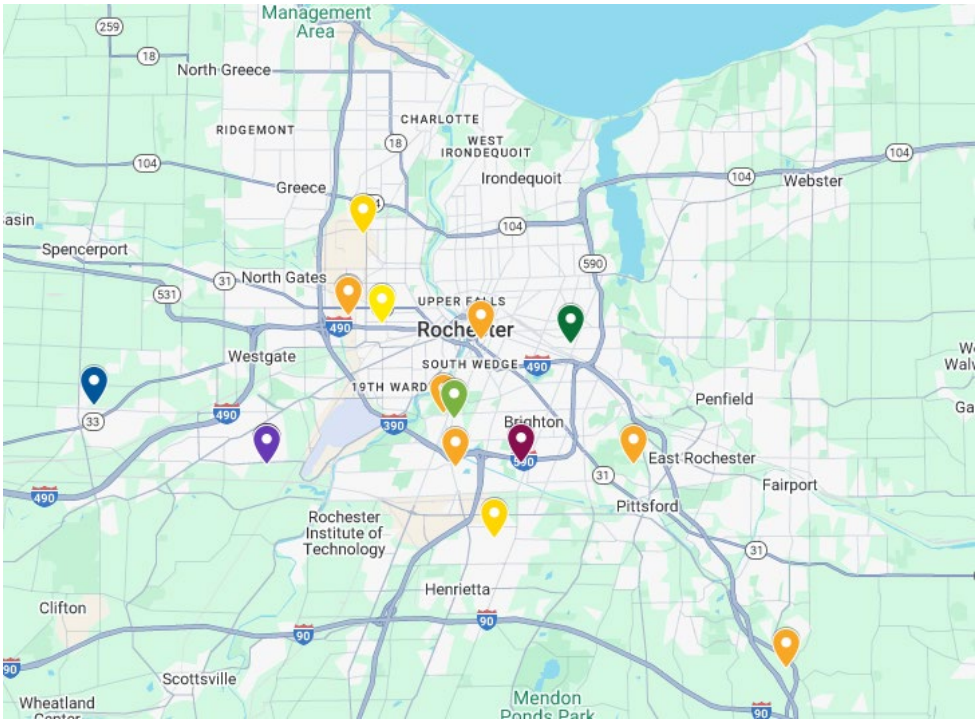
Project Search Programming and Supported Employment require an open case with ACCESS-VR. Please reach out to each individual Project Search program to see if OPWDD eligibility is required.

***Additional brochure material available for Arc Glow of Livingston-Wyoming Program, Holy Childhood, the Arc of Ontario and Lifetime Assistance.**

****Please do not consider this an exhaustive list, but a working document meant to be continually updated.**

Pre-Vocational Programs for Exiting Students Map

https://tinyurl.com/9band636



- **Arc Glow**
  - 47 Main St
- **Arc of Monroe**
  - ArcWorks
  - Culinary Career Prep
  - LifePrep at Naz
  - MCC College Experience
  - Project Search at Del Mont
  - Self at Strong
  - Project Search at Eastview
- **Catholic Charities**
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